

Sermon Notes – November 3, 2024

Bless The Lord, O My Soul! (*Psalm 103*)

- I. HOW? All that is within me. (*Vss. 1-5*)
 - A. Remember God's benefits.
 - 1. Count your blessings!
 - B. Go beyond the superficial. (*Deuteronomy 6:5*)
 - 1. Beyond the precepts of men. (*Matthew 15:8,9*)
 - 2. Beyond the traditions of men. (*Isaiah 29:13*)

- II. WHY? All His benefits. (*Vss. 3-5*)
 - A. Forgiveness of sins.
 - 1. We have every spiritual blessing. (*Ephesians 1:7*)
 - B. Healing.
 - 1. Our body and soul.
 - 2. Our victory over death. (*I Corinthians 15*)
 - C. Redemption from the pit.
 - 1. Sheol: the place of the dead.
 - D. Satisfaction with good things.
 - 1. Blessings from God. (*James 1:17*)
 - 2. Restoration from God. (*Isaiah 40:31*) (*Psalm 19:7, 23:3*)

- III. WHAT? All His character. (*Vss. 6-18*)
 - A. God is gracious.
 - B. God is good.

- IV. WHO? (*Vss. 19-22*)
 - A. All who are saved. (*Vss. 11, 13, 17, 18*)
 - B. All the heavenly host.